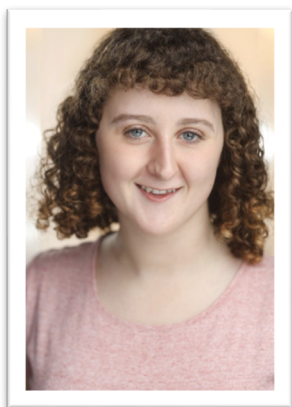


# SAL FOX (VICE PRESIDENT, EDUCATION & WELFARE)



## About Me

Hello! My name is Sal Fox, and I am running to be your Vice President, Education and Welfare for 2023-24.

I am currently a third year Musical Theatre student, and throughout my time at University, I have experienced the positive impact that the Union has on students from multiple angles. Therefore, I'm extremely passionate about maintaining the high standards set by my predecessors by implementing my own campaigns.

## What I Would Like To Achieve

My primary aim is to enhance the Union's role in students' lives by making them aware of the support available from the outset. This includes providing advice on managing life on a student budget, approaching studies, and being a friendly face around campus. I also recognize the need to meet the needs of all students. Therefore, I aim to make all students aware that resources such as the Advice Centre are open for everyone.

It is important to recognize the wide variety of demographics throughout students that we have at Winchester. Commuting, Mature or Part-Time students may find that most university experiences are tailored towards those based on campus who fall into a smaller subset age-wise. Therefore, it's vital that the needs of every individual are met, regardless of any differences there may be. It is key for students to know that the resources available, such as the Advice Centre, are open for everyone!

## Proposed Ideas

My dedication to student's welfare is evident in the idea of developing the Recharge days which the Student Union provides. These opportunities mean students can take a break from their daily routines and engage in activities together that can help them relax. However, these are often run during periods when many students are away on placements during the day, including (but not limited to) Nursing and Primary Education. This, I feel, leaves out a substantial number of students who would really benefit from events such as this. Therefore, I would propose a Recharge Day: By Night! A chance for students to experience massages, craft activities, meditation, mental health workshops and a calming environment in the evening to destress from a hectic day. This would also provide an opportunity for students to meet and network with others on placement, fostering a sense of community.

Another pledge of mine is to acknowledge the effects that striking has on students. This is an issue which we have been faced with heavily this year, and is something I am keen to recognise and to assist students with. Opinions on striking can become very conflicting, however, it's important to be able to understand the finer details behind disruptions to their education.

Promoting diversity and inclusion, providing more support for mental health, and ensuring that students are aware of the resources available to them are my steps to success in any student's development. I believe that the Winchester Student Union has the potential to make a positive impact on the lives of students, and I am the right person to help make that happen.