



Winchester Student Union Risk Assessment 2019/20

Sport/Society	Water Polo
Name	Amy Trapnell
Position	Captain
Signed	
Date	

Each organiser should nominate a person responsible for health and safety for their activity.

The nominated person responsible for this activity is:
INSERT Activity Leader/Chair/Captain

Activity/Hazard	Person(s) at Risk	Risk			Control Measures	Risk rating with controls
		Worst outcome(a):	Likelihood (b):	Risk rating: (a x b = c)		
		4. Possible death 3. Serious injury 2. First aid injury 1. Minor injury	4. Very likely 3. Possibility 2. Unlikely 1. Remote	1-2 = Very low 3-4 = Low 5-6 = Moderate 7-10 = High 10-16 = Critical		
Swimming – Possible drowning, choking or other severe injuries.	Participants (Students)	4	3	12	Ensure those participating know how to swim, have swum before and know how to play. Ensure that there are lifeguards at the facility. Have a set standard of swimming to be able to participate.	4
Throwing – Possibility of shoulder pains, dislocation or other injury	Participants (Students)	2	3	9	Warm up prior to the game. Ensure that the participant knows how to throw safely and with the correct skill. Practice in and out of the water at training.	4

Tackling – contact with other students possibly causing injuries to both involved.	Participants (Students)	3	3	9	Warm up prior to the game. Ensure all participants know how to tackle safely and within the rules.	6
Catching – possibility of misjudging the incoming ball, miss-catching and injuring themselves.	Participants (Students)	2	3	6	Ensure the participants know how to receive the ball. Make sure they are looking to catch the ball and are aware. Practice in and out of water.	4
Shooting – shoulder injuries, arm injuries, goal posts	Participants (Students)	2	3	6	Ensure that participants know how to execute a shot at goal correctly. Warm up before participating.	4

Wearing swim caps – May cause issues to student. Hair pulled, over the eyes.	Participants (Students)	2	2	4	Ensure that long hair is tied up underneath the cap. Help others to put their caps on. Ensure that the cap is the correct size.	2
Lane ropes – Could cause burns, get caught.	Participants (Students)	2	2	4	Make sure they are visible at all times. Ensure they are correctly fastened to poolside. Ensure there are lifeguards at the facility.	2
Slippery floors – risk of falling, head injury or other serious injury.	Participants (Students) Spectators Coaches	4	3	12	Ensure there are wet floor signs up. Ensure that nobody runs on poolside. Ensure there are lifeguards at the facility.	6

Travelling to matches – risk of collision, accident, flat tyre. Causing injuries.	Participants (Students) Spectators Coaches	4	3	12	Ensure that the transport is safe. Make sure the drivers aren't tired and are safe. Allow the drivers 10mins before the end of the game to rest.	6
Long fingernails – scratching, broken nails causing pain/injury	Participants (Students)	2	2	4	Ensure that nails are cut short and filed before any participation.	2
Chlorine Levels – Eye stinging	Participants (Students)	3	2	6	Ensure there are lifeguards at the facility. If there are any concerns regarding the strength of chlorine – alert the facility.	4
Pool Depth – Shallow water could cause head injury or other serious injury	Participants (Students)	3	2	6	Check before any participation and let everyone know of the depth. Practice in different depth pools. Be safe when entering the pool.	2