



ENERGY SAVING TIPS

DO YOU DILUTE YOUR HOT WATER WITH COLD TO STOP YOUR BATH/SHOWER BEING TOO HOT?

The hot water temperature on your combi boiler is a setting you should check. This controls the temperature of the water that comes out of your hot water taps.

By default this temperature is often too high, so a simple change will ensure you're not overspending by heating your water to a higher temperature than you need to.

Octopus Energy says a temperature of about 55°C should be enough for most. Essentially, if you are diluting the hot water with a lot of cold to reach the desired temperature in your bath, it is likely too hot and you're wasting cash.



WASH YOUR CLOTHES AT A LOW TEMPERATURE



A 30 degree wash uses less energy while treating clothes to a gentler cycle. Setting the washing machine to 30°C can save you money while protecting fabrics, such as wool and silk, from the stress of hot water.

TURN DOWN YOUR THERMOSTAT BY ONE DEGREE



Flicking your thermostat dial down from 25 to 24 degrees could save households across the UK £800 million.

In bedrooms, turning down the thermostat even further and adding one of the best electric blankets to the bed instead can also be cost-effective and energy-efficient solution for night-time warmth.

SWITCH IT OFF!

Avoiding standby and turning appliances off when you're not using them could save £70 and up to 45kg of carbon dioxide every year.

Turning off your lights when you don't need them could save you around £30 on your annual energy bills and avoid 19kg of carbon dioxide emissions a year.



IT IS YOUR RIGHT AS A TENANT TO SWITCH ENERGY SUPPLIERS!

People assume they can't switch providers because they're renting but that's not the case. However, if your bills are included in your rent, then the landlord gets to choose who you're with.

Switching really is as easy as suppliers claim it to be. It's worth taking the time to do your research and shop around to make sure you find the best deal for you.

Consider switching to a greener energy supplier, or one that has less of an impact on the environment!



SAVE WATER

Take shorter showers and less baths. Swapping the shower head to an aerated head.

Turn the tap off when brushing your teeth.

Share the washing machine with your friends or housemates to make sure it's a full load.

Keep the lids on your saucepans when cooking to reduce the amount of water lost through steam.

Only use the kettle to boil the amount of water you need.

